## VIRTUAL FACILITATION: Building Culture and Accountability Online

Welcome!

### Agenda

Welcome & Intros
Personal
Interpersonal
Collective
Closing

# Personal How do we hold space for ourselves?

### Journal

What are your fears around online facilitation? What are your personal strengths in how you hold space for others?

# Interpersonal How do we hold space for each other?

### Which image best represents your stance toward conflict in your online spaces? Type your number and why in the chat.



### Collective How do we hold space for our collective vision?

### Fishbowl

Why is facilitation important as movement work right now?

How can we affirm or challenge power in the ways we facilitate?

### What tools did the facilitator use?

- journaling Asked people to consider a concrete situation Hand gestures Try to get group participation so a training isn't one facilitator talking at the room Spectrographs Chat box Sensory prompts Fist to five Asked us to be intentional about our attention Pair share (in theory)
- Music Modeling & then pointing out modeling Reading the room and also prompting people to look at each other Different ways to divide up  $\star$ groups (first letter or name, birth month) Finding ways to get everyone's participation in the space Used people's names Responding realtime to

feedback

### What other tools have you seen today?

- ★ Bike rack so we can name things that we need to come back to elsewhere and keep moving on agenda topics
- ★ Polled participants about their needs
- ★ Humor
- Multiple avenues of communication
- ★ Assigned a lot of roles ahead of time

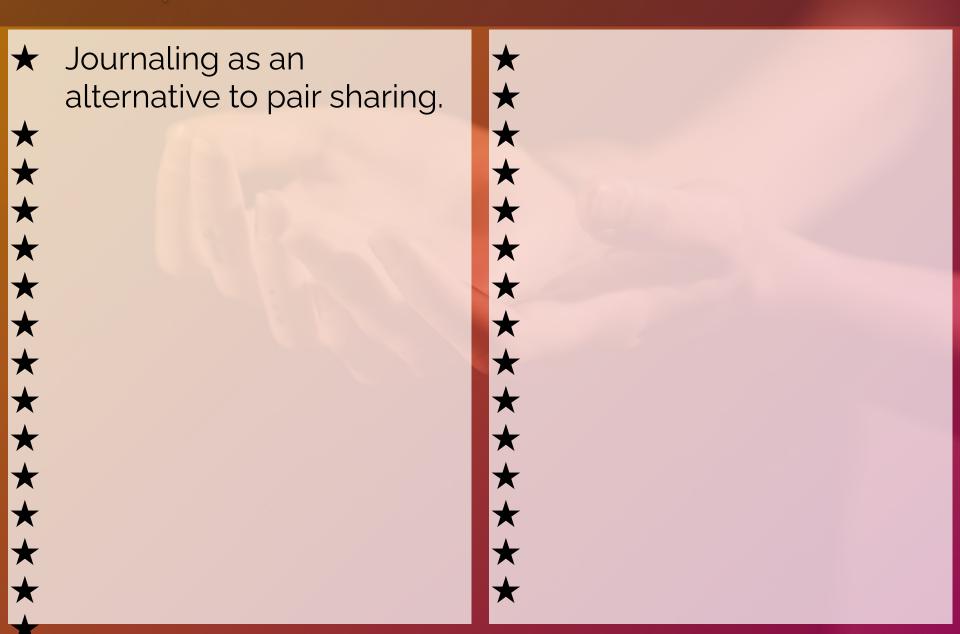
- ★ Had the overall organization and the retreat's goals read at the start of the retreat
- ★ Calling in comments from multiple sources that everyone might not have seen
- ★ Looping Slides for greeting folks who join early with music
- ★ Using Slack for chat is much better organized

### What are other tools you use in your facilitation?

- ★ video
- "Go around" to hear from each participant
- ★ Q&A
- ★ "Holding poles": having 2 people voice opposite sides of an issue
- ★ Improv
- ★ I've seen spectographs with people moving an image on a slide
- ★ An agenda where intentionally summarizing next steps is always at the end
- ★ Grounding and song
- ★ Asking people who haven't shared yet to share

- ★ Explaining why the topic is important through a personal story
- ★ Stretching combined with mindfulness, grounding: Reach back to the folks who fought before, down to the earth, forward to the future we fight for,
- ★ Grounding in our bodies
- ★ Letting people prep comments before sharing
- ★ Vibe check during introductions
- ★ Checking for understanding via fist to five to see when there's confusion and need to pause

### Extra space for tool share!



### Journal: 3 Things to Carry Out

What are you taking away from this session about how you want to hold space for:

- Yourself
- Your group
- Our collective vision

### Type in the chat:

What's one word you would use to describe the culture we are trying to build?

### VIRTUAL FACILITATION: Building Culture and Accountability Online

Thank you!



### HANDOUT: SLIDE TEMPLATES

Modify these slides to use for your own meetings or use them as inspiration to create your own!

### TRAINING FOR CHANGE

### Ideas for Mindful Questions/Synthesizing

Double-click any shape to edit,



Name	[PROMPT]

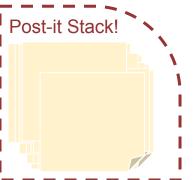
# MAXIMIZE []

MINIMIZE []

-

Name Welcome! Pull up a chair around our circle (grab a "chair" to the right; click to edit your name, then drag and drop to sit next to someone) Name Template by <u>Training for Change</u>

### [PROMPT]





#### Put your name on the spectrum:

[PROMPT]

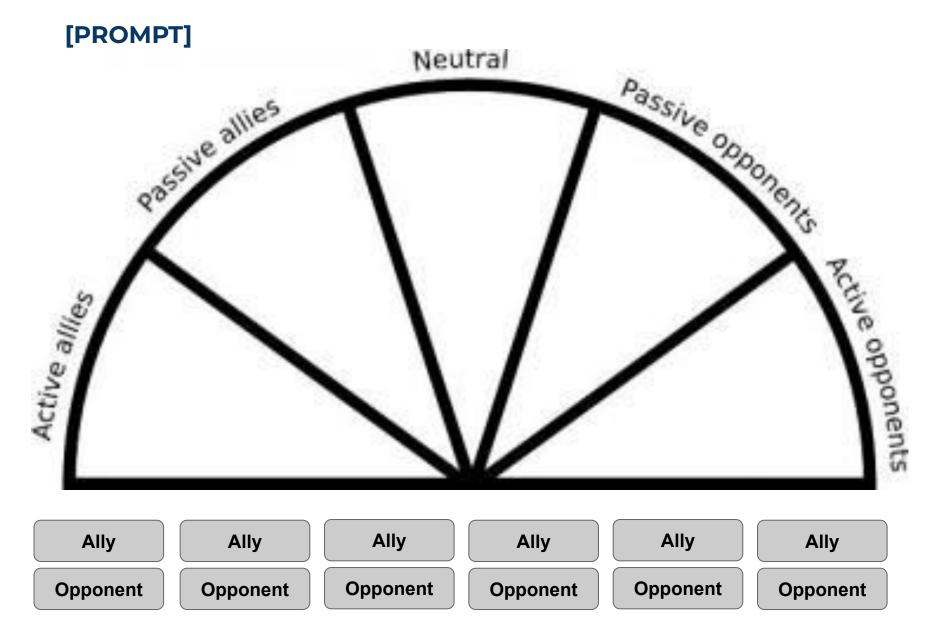


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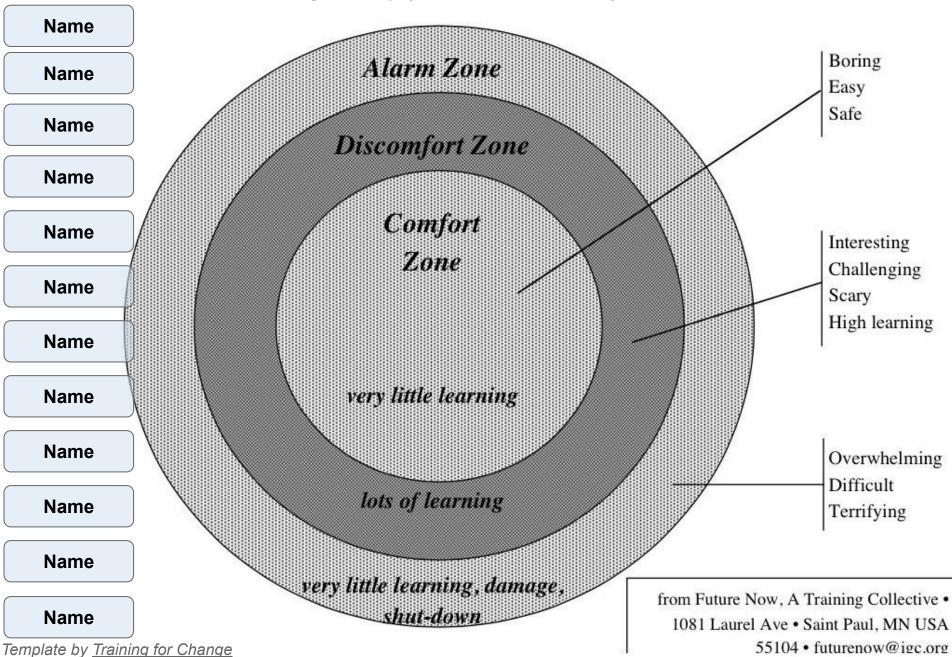
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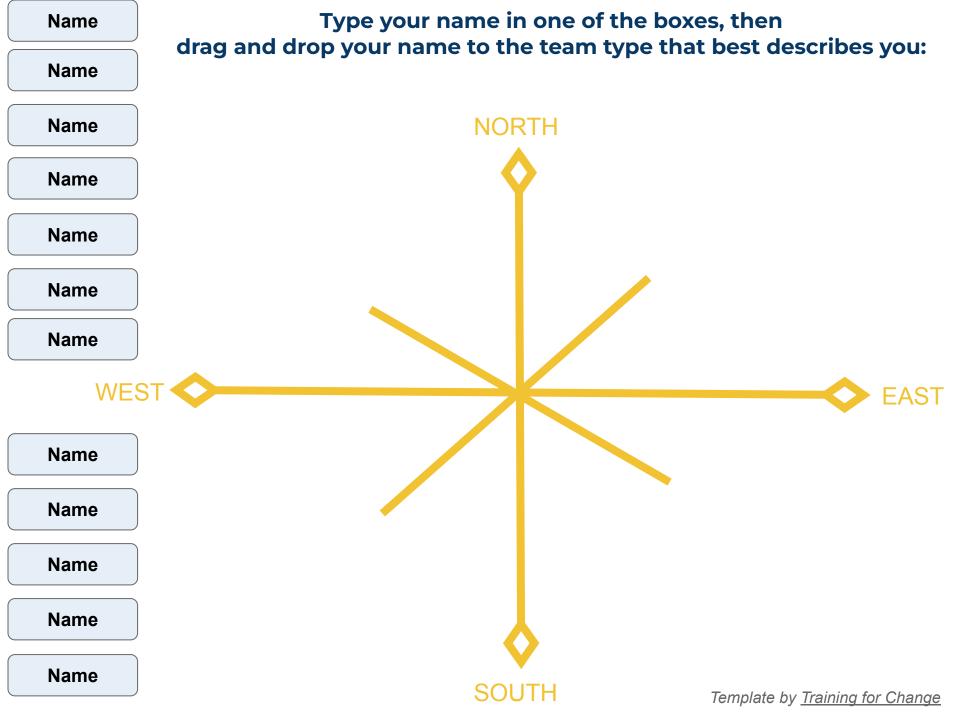
Template by <u>Training for Change</u>

#### **Spectrum of Allies**



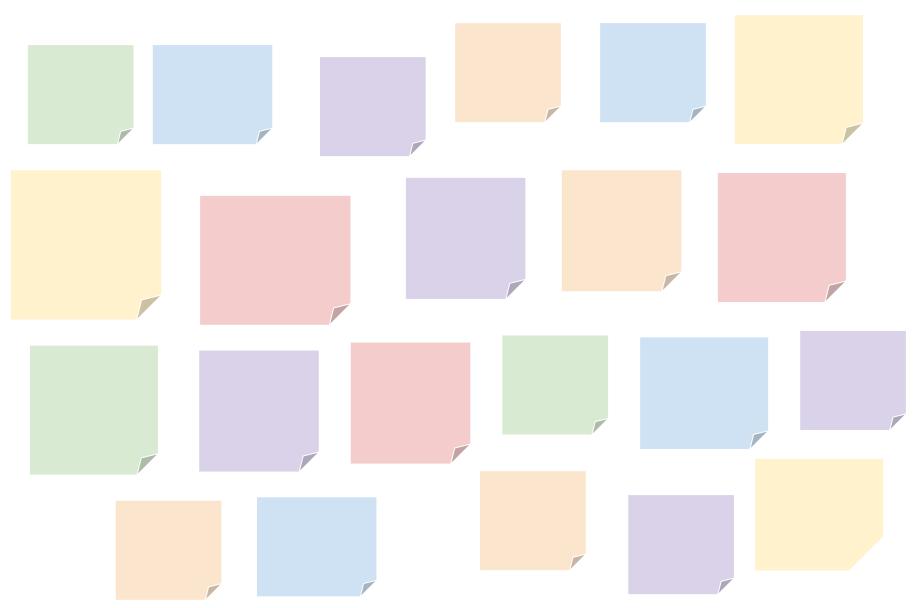
Type your name in one of the boxes, then drag & drop yourself to where you are now:





#### **POST-IT BRAINSTORM**

Double click any post it to edit



Template by Training for Change

### **Action Report-back**

#### [PROMPT]

















Paste other photos on the additional slides...

Template by <u>Training for Change</u>

Drag and drop your name to the breakout group you want to join: A - [TOPIC/GROUP] B - [TOPIC/GROUP] Name Name C - [TOPIC/GROUP] **Name** Name **Name** Name Template by Training for Change

### **Breakout Group Instructions**

**Instructions:** Mute yourself and turn the volume down on Google Hangout, but don't disconnect. Call the number of your group below, and return to the Hangout at **[TIME]** (turning the volume back up on your computer when you do).

Prompt: [PROMPT]

[Name]	[Name]	Stay in Google Hangout
[Name]	[Name]	Dial (XXX) XXX-XXXX (US) (International #s here); Access code: XXX
[Name]	[Name]	Dial (XXX) XXX-XXXX (US) (International #s here); Access code: XXX
[Name]	[Name]	Dial (XXX) XXX-XXXX (US) (International #s here); Access code: XXX
[Name]	[Name]	Dial (XXX) XXX-XXXX (US) ( <u>International #s here</u> ); Access code: XXX
[Name]	[Name]	Dial (XXX) XXX-XXXX (US) ( <u>International #s here</u> ); Access code: XXX